

# Connecting Classrooms

## Project template: Eating is believing (all ages; good for mixed ages)

<b>Summary</b>	This project works (optionally) with Connecting Classrooms East Asia student forum pages. It allows students to share views and question opinions about food in a global context over two or more exchanges, ending with a recipe and some cooking.
<b>First activity</b>	Choose a fruit or vegetable native to your country. Take a photo or draw a picture of the answer and hide it in an envelope or in a special email ready for when you reply. Think of five questions that could help someone to guess it (taste and texture, colour, how it's prepared...) and send the questions to your partner school(s).
<b>Exchange</b>	<p>Choose a recipe from your country that uses this ingredient. Send your partner school a recipe with simple instructions so they can follow it. Try to make it sound delicious and explain why people like it and when they would like to eat it. Check that it is healthy by looking for fibre, vitamins, protein, sugar, salt and fat and thinking about high and low content. You could do this in teams (one to do the recipe, one the information, one the description, one the health check).</p> <ol style="list-style-type: none"> <li>1. Ingredients - make sure you find out if these things can be bought in your partners' countries or that you include an alternative ingredient if it cannot.</li> <li>2. Instructions on how to prepare the dish and how to cook it if it needs cooking.</li> <li>3. Some pictures of the finished product - please try to take these yourself and not copy them from the internet - it's much more interesting to see the real thing made by you!</li> </ol>
<b>Share</b>	The partner schools can evaluate the recipe presentations, and maybe they will try to cook the dish for themselves!
<b>Extension activities</b>	Look at the project template, Farming, food production and fair trade.
<b>Useful resources</b>	<a href="http://www.foodafactoflife.org.uk">http://www.foodafactoflife.org.uk</a> can help with recipes and 'how to'. <a href="http://www.elanguages.org/45969">http://www.elanguages.org/45969</a> - an example of a recipe exchange.



# Connecting Classrooms

## Joint Curriculum Project Notes

### Project: Eating is believing (all ages; good for mixed ages)

**Aims and Outcomes:** This project allows students to share views and question opinions about food in a global context. They will be given the opportunity to teach and learn about foods from different countries and if desired prepare and cook a dish from another country.

### UK Curriculum links:

#### ICT key stage 3

The '**Eating is Believing**' project fits in well with the key concepts of ICT at Key Stage 3.

#### **1.2 Communication and collaboration**

Exploring the ways that ICT can be used to communicate, collaborate and share ideas on a global scale, allowing people to work together in new ways and changing the way in which knowledge is created.

The '**Eating is Believing**' also ties in well with the key concept of Modern Foreign Languages at Key Stage 3.

#### **1.4 Intercultural understanding**

Appreciating the richness and diversity of other cultures.

### Cross-curriculum dimensions:

The 'Culture in a box' project engages students in the following cross-curricular dimensions:

#### **Identity and diversity**

Students are given the opportunity to collaborate with different people, form new friendships and try new and culturally diverse experiences..

#### **Global dimension and sustainable development**

Students communicate with people from a range of countries and cultures and develop self-awareness and a positive attitude to difference.

#### **Healthy Lifestyles**

Students learn to understand the characteristics of a healthy lifestyle, such as healthy eating. They are given the opportunity to find information and advice, for example through websites, and learn how to provide information to others.



# Connecting Classrooms

## **Global dimension and sustainable development**

Students learn to communicate with people from a range of countries and cultures.

## **Personal, Learning and Thinking Skills:**

The 'Eating is Believing' project helps learners develop the following PLTS areas:

Team workers: collaborate with others to work towards common goals and reach agreements.

Effective participators: discuss issues of concern, seeking resolution where needed and propose practical ways forward, breaking these down into manageable steps.

Self-managers: work towards goals, showing initiative, commitment and perseverance.

## **Key language:**

Using imperatives and sequencers (for recipes)

Types of food

Adjectives to describe food (including colour, taste, texture etc...)

The English language used in the 'Eating is Believing' project can be supported and extended through the following links from British Council's Learning English website:

Trolley dash game for shopping lists and ingredients

<http://learnenglishkids.britishcouncil.org/en/fun-with-english/trolley-dash>

Watch the short video, have a discussion about cooking and do a wordsearch.

<http://learnenglishkids.britishcouncil.org/en/kids-talk/do-you-cooking>

Food around the world quiz

<http://learnenglishkids.britishcouncil.org/en/play-with-friends/quiz-food>

Listen to three children talk about their favourite food

<http://learnenglishkids.britishcouncil.org/en/kids-talk/whats-your-favourite-food>