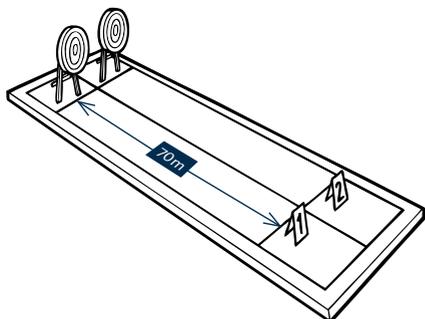
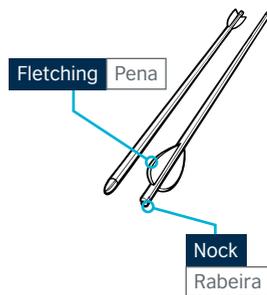
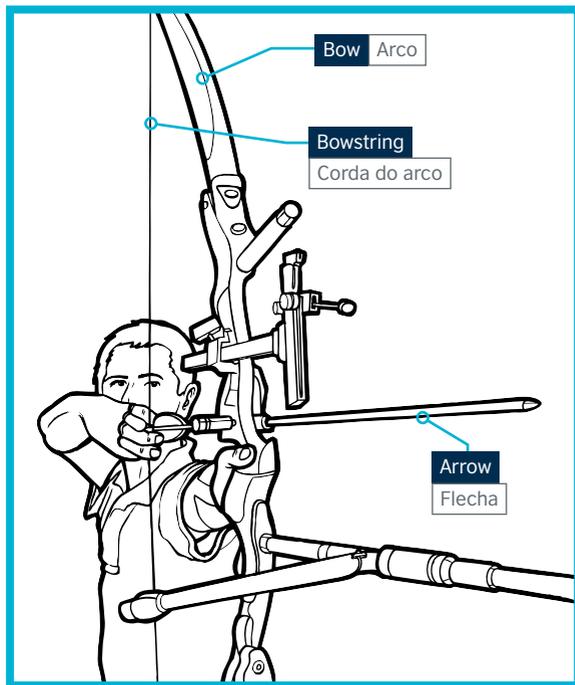


Visitor handbook
Olympic sports/
Esportes olímpicos

Archery/Tiro com arco

Archery dates back around 10,000 years, when bows and arrows were first used for hunting and warfare. Archery is now practised in more than 140 countries around the world.

O tiro com arco data de mais de 10.000 anos, quando os arcos e flechas eram usados com o propósito da caça e da batalha. O tiro com arco é agora praticado em mais de 140 países ao redor do mundo.



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. archer arqueiro	B. arrow flecha	C. bow arco	D. end fim	E. ring anel	F. round round	G. target alvo
-----------------------	--------------------	----------------	---------------	-----------------	-------------------	-------------------

1. A circle on the target.
2. A group of arrows shot in one sequence.
3. A long curved piece of wood or other material, with a string attached to both ends, which is used to shoot arrows.
4. A stage of a competition.
5. A person who shoots arrows from a bow for sport.
6. A long thin stick with a sharp point at one end which is shot from a bow.
7. The object which the archers try and hit when they shoot each arrow.

WORDSEARCH – CAÇA-PALAVRA

A	K	N	E	C	E	G	H	A	C
R	B	V	D	N	L	H	R	R	P
R	T	O	S	Z	D	L	P	C	G
O	E	A	W	R	X	C	H	H	D
W	O	T	R	S	O	T	Y	E	L
L	U	G	T	G	T	U	T	R	Y
R	U	J	N	B	E	R	N	P	P
N	I	M	Q	O	N	T	I	D	W
V	Y	N	M	W	T	I	U	N	L
Z	K	R	G	X	E	N	P	X	G

Find these words
in the grid

Encontre estas palavras
no quadro

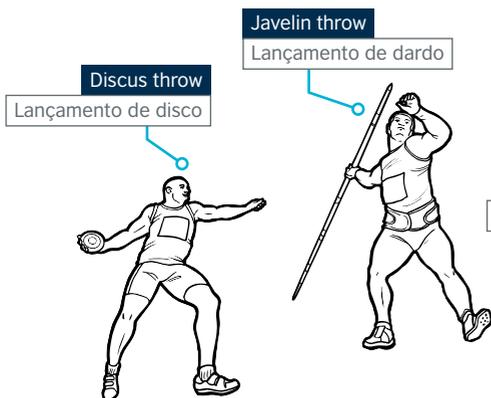
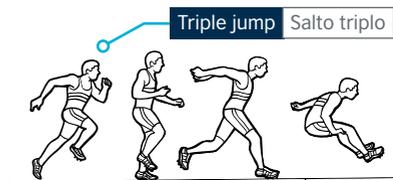
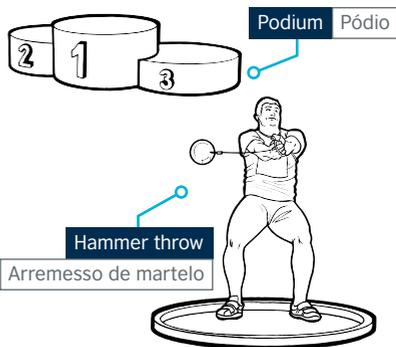
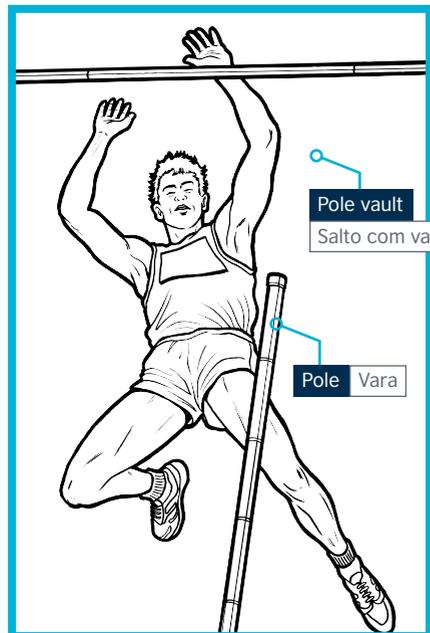
bow
bowstring
arrow
target
archer
end
round
ring

Find the answers on p108
Encontre as respostas na página 108

Athletics (field)/Atletismo (campo)

Athletics is the perfect expression of the Olympic motto 'Citius, Altius, Fortius' ('Faster, Higher, Stronger'). With 2,000 athletes competing in 42 events, Athletics is the largest single sport at the Games.

O atletismo é a perfeita expressão do lema olímpico "Citius, Altius, Fortius" ("Rápido, Alto, Forte"). Com 2.000 atletas competindo em 42 eventos, o atletismo é o maior esporte individual dos jogos.



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. pole vault <i>salto com vara</i>	B. discus throw <i>arremesso de disco</i>	C. triple jump <i>salto triplo</i>	D. hammer throw <i>arremesso de martelo</i>
E. high jump <i>salto em altura</i>	F. javelin <i>dardo</i>	G. long jump <i>salto em distância</i>	
H. podium <i>pódio</i>	I. bar <i>barra</i>	J. shot put <i>arremesso de peso</i>	

- The event in which athletes try to jump over a high bar using a long stick to push them off the ground.
- A raised area on which the best three athletes in each event stand to receive medals.
- A straight stick made of metal, which high jumpers and pole vaulters try to jump over.
- The event in which a heavy metal ball is thrown from the shoulder as far as possible.
- The event in which a heavy metal ball joined by a wire to a handle is thrown as far as possible.
- The event in which a heavy plate-shaped object is thrown as far as possible.
- The event in which a long stick with a pointed end is thrown as far as possible.
- The event in which athletes try to jump as far forward as they can in three jumps.
- The event in which athletes try to jump as far forward as they can in one jump.
- The event in which athletes try to jump over a bar supported on two poles.

WORDSEARCH – CAÇA-PALAVRA

T	R	I	P	L	E	J	U	M	P
L	T	M	R	F	R	V	D	T	P
H	C	A	L	H	B	K	L	L	O
I	B	B	F	N	A	U	K	Q	D
G	R	D	M	C	A	M	N	G	I
H	M	N	K	V	N	M	M	R	U
J	A	V	E	L	I	N	F	E	M
U	T	L	D	I	S	C	U	S	R
M	O	S	H	O	T	P	U	T	Q
P	C	L	O	N	G	J	U	M	P

Find these words in the grid

Encontre estas palavras no quadro

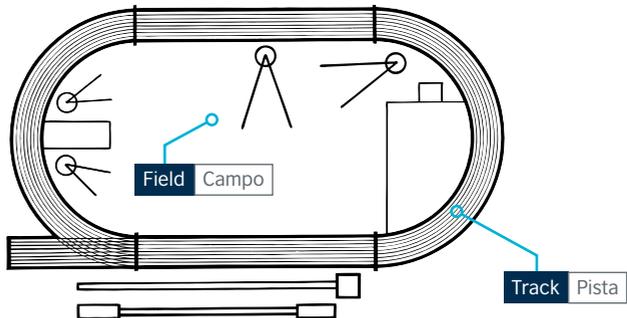
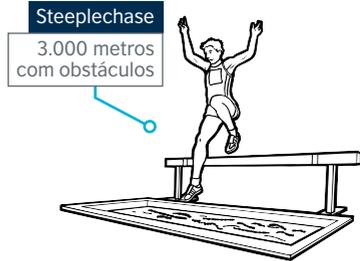
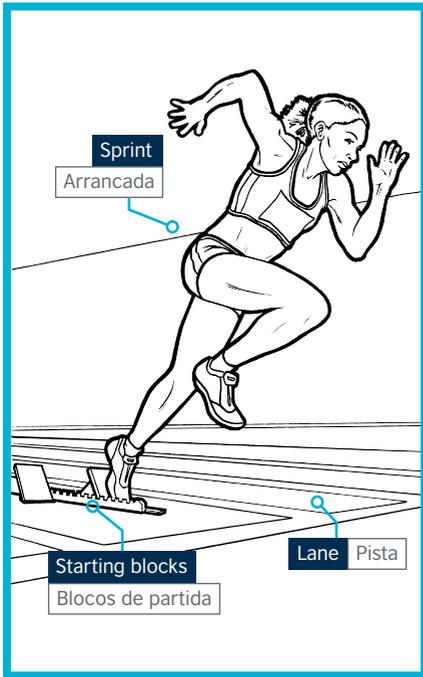
bar
discus
hammer
high jump
javelin
long jump
podium
pole vault
shot put
triple jump

Find the answers on p108
Encontre as respostas na página 108

Athletics (track)/Atletismo (pista)

Athletics is the biggest sport at the Olympic Games. More than 2000 athletes take part in the athletics programme. They compete at distances ranging from the 100 metres sprint to the 50 kilometres road walk.

O atletismo é o maior esporte nos Jogos Olímpicos. Mais de 2.000 atletas participam do programa de atletismo. Eles competem em distâncias que variam de corridas de 100 metros a maratonas de 50 quilômetros.



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. baton <i>bastão</i>	B. false start <i>queimar largada</i>	C. hurdle <i>barreira</i>	D. lane <i>pista</i>	E. set position <i>posição de largada</i>
F. sprint <i>arrancada</i>	G. starter's pistol <i>pistola de partida</i>	H. starting blocks <i>blocos de partida</i>	I. steeplechase <i>barreira</i>	J. track <i>pista</i>

- An obstacle for jumping over in a 100m, 110m or 400m race.
- A long race in which athletes have to jump over obstacles on a track.
- A short and very fast race.
- A special strip of sports track that is used to keep athletes separate during a race.
- A stick that is passed from one runner to another in a relay race.
- The instrument that is used to signal the start of a race.
- The instrument on which a runner places his feet at the start of a race.
- The position of a runner, close to the ground and leaning forward, in the moment while he waits for the starter's gun.
- The ring-shaped area which has been specially designed and built for athletics races.
- When one competitor in a race starts too early, before the official signal to begin.

WORDSEARCH – CAÇA-PALAVRA

N	F	K	N	B	A	T	O	N	V
P	F	S	P	R	I	N	T	M	B
X	N	S	P	E	A	R	H	B	V
L	N	T	N	C	T	C	N	Q	P
P	R	A	H	W	H	R	V	Z	Y
I	L	R	U	G	L	M	A	Y	R
S	M	T	R	C	E	N	A	C	M
T	Z	E	D	Y	T	L	J	P	K
O	L	R	L	T	E	C	J	T	F
L	D	Z	E	R	Y	L	C	N	B

Find these words in the grid

Encontre estas palavras no quadro

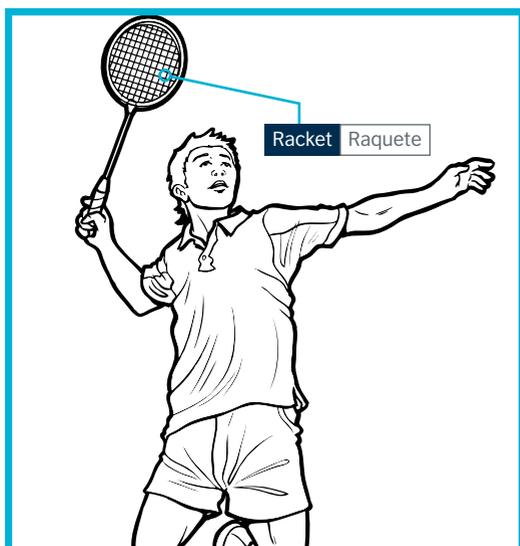
lane
sprint
track
athlete
hurdle
baton
relay
starter
pistol

Find the answers on p108
Encontre as respostas na página 108

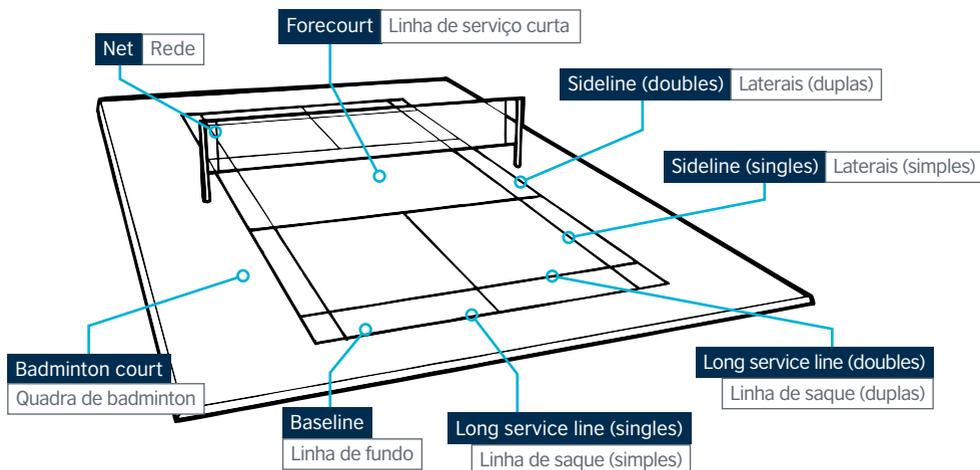
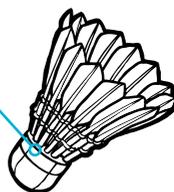
Badminton/Badminton

Badminton takes its name from Badminton House, home of the Duke of Beaufort, where it was first played in England. The sport was devised in the 19th century by British military officers in the Indian town of Poona when they adapted an ancient local game.

O badminton recebeu esse nome da Badminton House, residência do Duque de Beaufort, onde foi jogado pela primeira vez na Inglaterra. O esporte foi inventado no século XIX por oficiais do exército britânico na cidade indiana de Poona, onde adaptaram um jogo local antigo.



Shuttlecock Peteca



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras da tabela às suas definições abaixo.

A. court <i>quadra</i>	B. dive <i>mergulho</i>	C. exciting <i>revigorante</i>	D. exhausting <i>cansativo</i>	E. net <i>rede</i>
F. racket <i>raquete</i>	G. serve <i>serviço</i>	H. shuttlecock <i>volante</i>	I. smash <i>smash</i>	

1. A powerful downward hit.
2. A rectangular piece of material made from string which is used to separate the two sides of the court.
3. A small light object that the players hit over the net.
4. Hit the ball to the opponent as a way of starting play.
5. Make a movement down onto the ground.
6. Making you feel extremely tired.
7. Making you feel very happy and enthusiastic.
8. The area in which the game is played.
9. The instrument used by players to hit the shuttlecock.

WORDSEARCH – CAÇA-PALAVRA

X	S	J	P	W	I	Y	P	S	U
S	F	E	A	T	H	E	R	S	X
C	S	M	A	S	H	F	F	N	D
M	O	R	R	A	C	K	E	T	T
R	W	U	T	P	B	T	V	X	R
W	K	V	R	L	L	Q	I	C	K
P	O	I	N	T	S	I	C	A	W
D	N	E	T	L	F	S	N	M	M
W	Q	T	O	C	X	C	G	E	P
V	W	S	H	A	B	T	L	E	S

Find these words
in the grid

Encontre estas palavras
no quadro

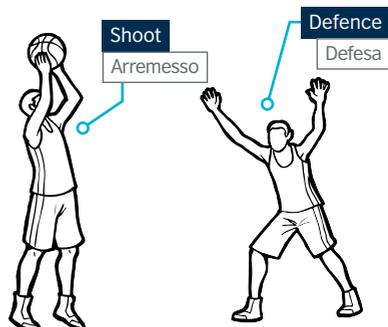
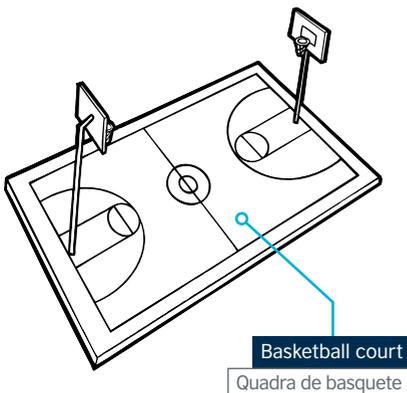
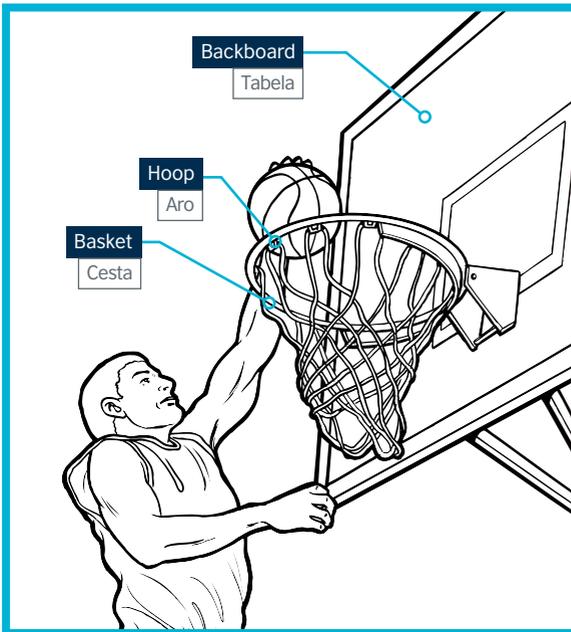
feathers
smash
racket
lines
court
points
net

Find the answers on p108
Encontre as respostas na página 108

Basketball/Basquetebol

Basketball was invented in 1891 by Dr James Naismith, a Canadian physical education teacher. The first game, which took place in December 1891, used peach baskets for goals.

O basquetebol foi inventado em 1891 por Dr. James Naismith, professor canadense de educação física. O primeiro jogo, que aconteceu em dezembro desse mesmo ano, usava cestas de pêssego no jogo.



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. backboard <i>tabela</i>	B. hoop <i>aro</i>	C. dribble <i>drible</i>	D. foul <i>falta</i>
E. free throw <i>lance livre</i>	F. rebound <i>rebote</i>	G. travelling <i>andar com a bola</i>	

1. A shot, worth one point, awarded to a player who has been fouled.
2. The circular ring which the players need to put the ball through in order to score.
3. A violation by a player with the ball who moves both feet without dribbling.
4. A violation of the rules.
5. Control the basketball by bouncing it against the floor with your hand.
6. Grab the ball in the air after a player has missed a shot.
7. The rectangular board behind the basket.

WORDSEARCH – CAÇA-PALAVRA

J	O	D	Y	L	L	A	M	B	Q
F	M	I	R	C	P	T	Z	A	R
B	F	H	R	I	O	H	U	S	E
V	O	S	O	F	B	U	N	K	B
P	U	Y	C	O	F	B	R	E	O
Y	L	R	T	N	P	E	L	T	U
Q	L	A	K	S	T	O	L	E	N
Q	U	A	R	T	E	R	L	L	D
J	L	Q	L	L	D	S	H	O	T
L	B	A	C	K	B	O	A	R	D

Find these words
in the grid

Encontre estas palavras
no quadro

backboard
hoop
basket
court
dribble
rebound
foul
quarter
shot

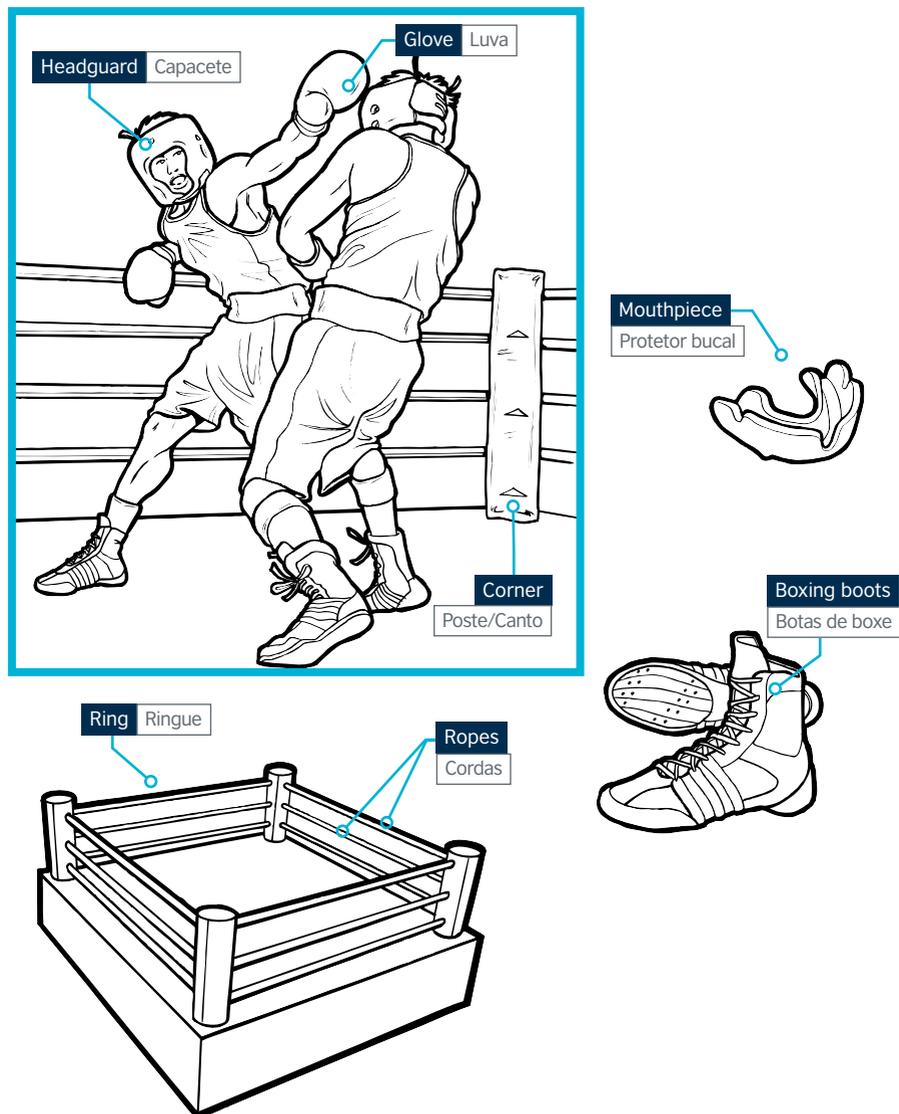
Find the answers on p108
Encontre as respostas na página 108

Boxing/Boxe

Boxing featured at the original Olympic Games in the 7th century.

The sport's regulations were codified much later in 1867 as the Marquess of Queensberry Rules and many of these rules are still in place today.

O boxe apareceu nos Jogos Olímpicos originais no século VII. As regras do esporte foram codificadas muito mais tarde, em 1867, como as Regras da Marquesa de Queensberry. Muitas destas regras são válidas até hoje.



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. corner <i>poste/canto</i>	B. glove <i>luva</i>	C. headguard <i>capacete</i>	D. knockout (KO) <i>nocaute</i>
E. mouthpiece <i>protetor bucal</i>	F. punch <i>soco</i>	G. ring <i>ringue</i>	H. round <i>round</i>

1. A device to protect your teeth.
2. Something you wear to protect your hand and the other fighter when you hit them.
3. A covering to protect the boxer's head.
4. Hitting your opponent so he or she falls to the ground and can't get up again in 10 seconds.
5. One of the periods of time when the boxers are fighting.
6. The place where the boxing match takes place.
7. To hit your opponent.
8. Where the fighters rest between rounds.

WORDSEARCH – CAÇA-PALAVRA

Q	H	E	A	D	G	U	A	R	D
X	C	R	O	P	E	O	D	G	C
K	I	O	X	B	Z	Q	I	L	X
R	R	H	R	G	L	M	F	O	D
C	V	B	Y	N	D	X	O	V	U
Q	C	R	E	F	E	R	E	E	Q
J	P	U	N	C	H	R	J	S	U
R	I	N	G	G	J	I	V	Y	D
M	O	U	T	H	P	I	E	C	E
T	H	E	C	E	Q	Y	B	Q	H

Find these words in the grid

Encontre estas palavras no quadro

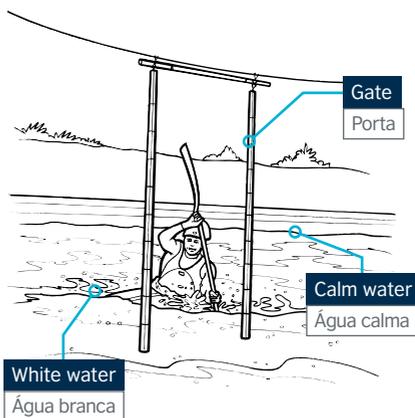
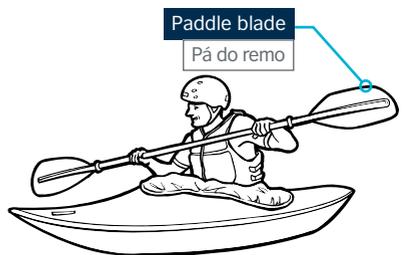
headguard
gloves
corner
rope
ring
punch
mouthpiece
referee

Find the answers on p108
Encontre as respostas na página 108

Canoe/Canoagem

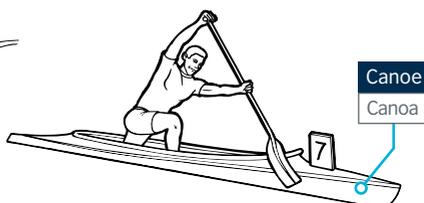
This sport has two forms. Canoe Sprint events are head-to-head races on still water. Canoe Slalom is modelled on slalom skiing, and has time trials on white water rapids.

Esse esporte tem dois formatos. Canoagem de velocidade são corridas em linha reta em águas calmas. Canoagem Slalom é o modelo a bordo de caiaque, com tempo e em corredeiras.



Canoe slalom course

Trajeto da canoagem Slalom



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. canoeist <i>canoísta</i>	B. disqualified <i>desqualificado</i>	C. downstream <i>sentido do rio</i>	D. gate <i>porta</i>	E. kayaker <i>atleta do caiaque</i>
F. lane <i>pista</i>	G. penalised <i>penalizado</i>	H. slalom events <i>provas de slalom</i>	I. sprint events <i>provas de sprint</i>	J. upstream <i>sentido contrário</i>

- A person who paddles a canoe.
- A person who paddles a kayak.
- A special 'strip' of the river that is used to keep competitors separate.
- An opening between two upright poles through which the competitors must pass.
- Be punished for breaking a rule.
- In the direction a river is flowing.
- In the direction opposite to the one a river is flowing.
- Races where competitors paddle a canoe or kayak on a straight course divided in lanes, on calm water.
- Races where competitors navigate a canoe or kayak through a course of hanging gates on white water.
- Stopped from being in a competition because you have broken a rule.

WORDSEARCH – CAÇA-PALAVRA

P	S	E	O	N	K	G	U	S	K
Z	A	P	B	O	O	A	P	C	Y
Q	V	D	R	L	C	T	S	A	S
G	Y	K	D	I	A	E	T	N	L
I	K	A	R	L	N	D	R	O	A
L	N	Y	B	W	E	T	E	E	L
O	E	A	W	A	V	W	A	A	O
R	E	K	J	L	J	A	M	Z	M
M	L	H	Z	J	A	S	D	J	R
A	Y	W	S	D	V	A	G	B	U

Find these words in the grid

Encontre estas palavras no quadro

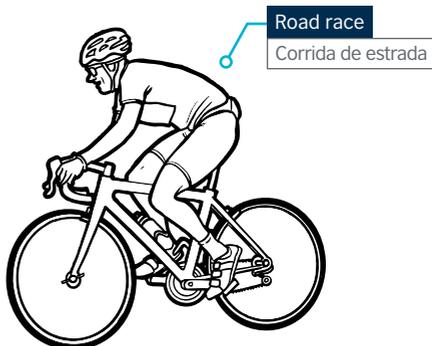
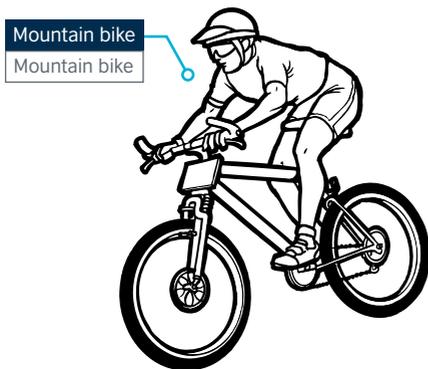
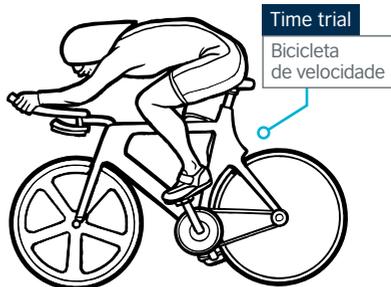
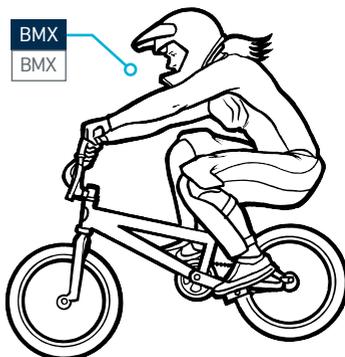
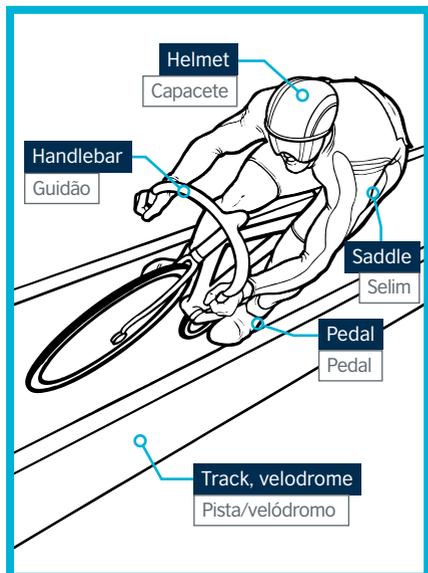
canoe
kayak
paddle
gate
blade
slalom
sprint
kneel
upstream

Find the answers on p108
Encontre as respostas na página 108

Cycling/Ciclismo

There are four disciplines in Olympic cycling. BMX (Bicycle Motocross), and Mountain Biking are quite new sports, originating in the 1960s and 70s. Road Cycling and Track Cycling are older. Both of them date back to the 19th century.

Existem quatro modalidades no ciclismo olímpico. O ciclismo BMX e o ciclismo mountain bike são esportes praticamente novos, com origem nos anos 60 e 70. Ciclismo de estrada e ciclismo de pista são modalidades mais antigas. Ambos datam do século XIX.



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. brake <i>freio</i>	B. course <i>curso</i>	C. gear <i>marcha</i>	D. lap <i>volta</i>
E. rider <i>ciclista</i>	F. time trial <i>corrida de velocidade</i>	G. track <i>pista</i>	H. velodrome <i>velódromo</i>

- A complete journey around a racing circuit.
- This controls how much power goes to the wheels of a bicycle. The rider may need to change this if he is going up or downhill.
- A device which makes a bicycle go slower or stop.
- Someone who rides a bicycle.
- A type of path or road, often in the shape of a ring, which has been specially designed and built for sports events, especially racing.
- A type of race in which the athletes start separately and the athlete who covers a set distance in the quickest time wins.
- An area of land used for a sports event.
- An indoor arena with a steep track for bicycle races.

WORDSEARCH – CAÇA-PALAVRA

R	P	G	B	S	A	Z	S	Q	V
S	E	T	E	R	P	U	N	T	R
A	D	K	R	A	A	R	P	G	N
D	A	E	G	A	R	K	I	Q	B
D	L	I	I	H	C	S	E	N	R
L	J	R	K	Y	E	K	G	S	T
E	U	I	D	E	M	L	G	L	B
L	T	N	E	K	U	I	M	Y	G
P	U	R	S	U	I	T	K	E	M
H	A	N	D	L	E	B	A	R	T

Find these words
in the grid

Encontre estas palavras
no quadro

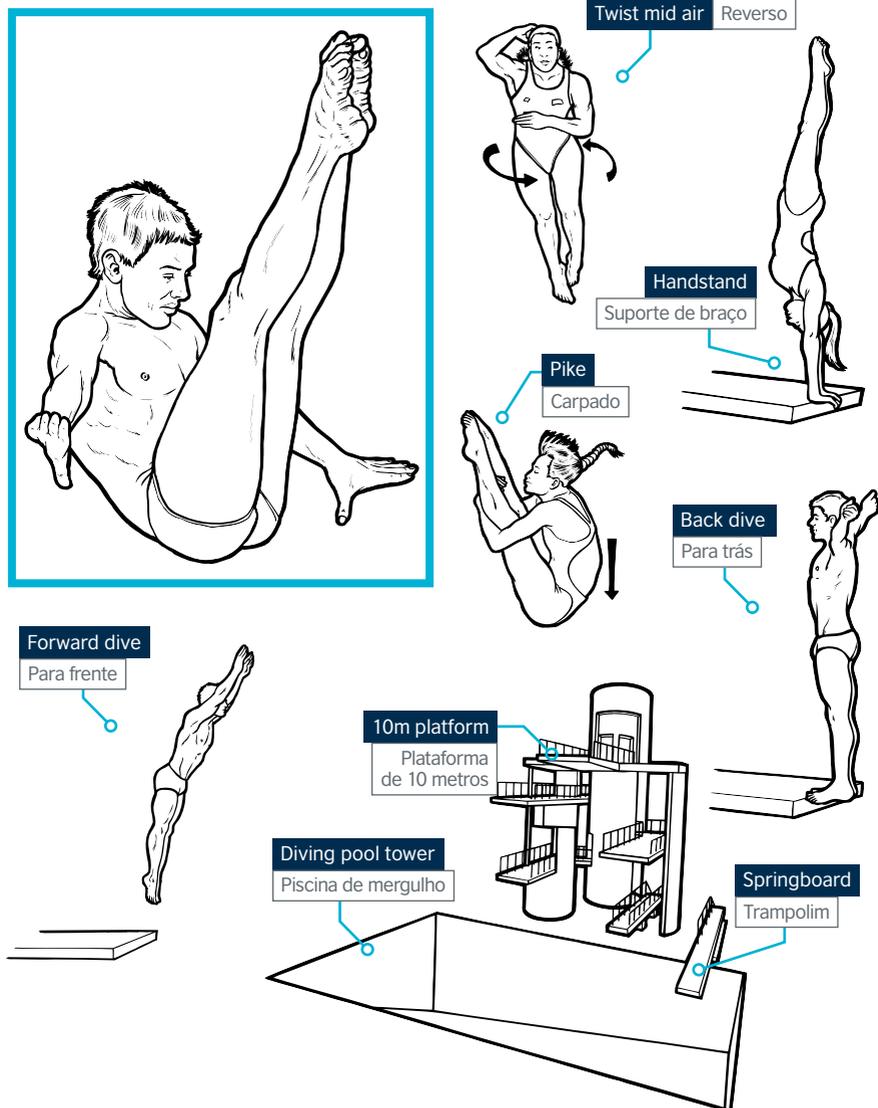
handlebar
saddle
pedal
helmet
track
pursuit
sprint
keirin
brakes
gears

Find the answers on p108
Encontre as respostas na página 108

Diving/Saltos ornamentais

Competitive diving developed from gymnastics in the 18th century, when gymnasts in Sweden and Germany began to perform tumbling routines into water. It is one of four disciplines that make up the Olympic sport of Aquatics.

O salto ornamental de competição é uma derivação da ginástica do século XVIII, quando ginastas da Suécia e da Alemanha começaram a realizar rotinas de exercício dentro da água. É um dos quatro eventos que compõem os esportes olímpicos aquáticos.



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. pool <i>piscina</i>	B. forward dive <i>para frente</i>	C. 10m platform <i>plataforma de 10 metros</i>	D. somersault <i>salto mortal</i>
E. tuck <i>grupada</i>	F. back dive <i>para trás</i>	G. springboard <i>trampolim</i>	H. pike <i>carpado</i>

- The full rotation of your body from head to toe.
- The place into which you dive.
- Diving the way you are facing.
- A board that bends so you jump higher from it.
- The highest platform used in Olympic competition.
- A diving position where the body is bent at the hips, the legs are straight, and the toes are pointed.
- A dive that begins with you facing towards the board.
- In this dive you bring your knees up to your chest.

WORDSEARCH – CAÇA-PALAVRA

F	O	R	W	A	R	D	D	I	V	E
D	H	T	R	P	Q	R	M	N	S	Q
H	T	I	B	C	Q	J	N	T	O	W
B	H	L	G	N	X	V	F	V	M	P
A	Q	H	D	H	M	K	M	G	E	L
C	R	W	D	F	D	M	R	J	R	A
K	B	R	T	K	J	I	L	R	S	T
W	R	Y	C	R	T	M	V	L	A	F
A	F	U	P	I	K	E	O	E	U	O
R	T	V	Y	G	Y	O	Q	N	L	R
D	X	M	R	H	P	M	X	L	T	M

Find these words in the grid

Encontre estas palavras no quadro

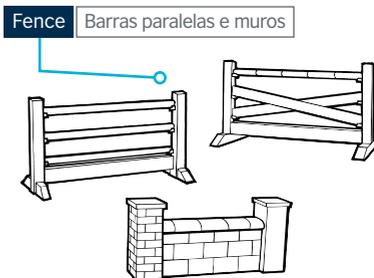
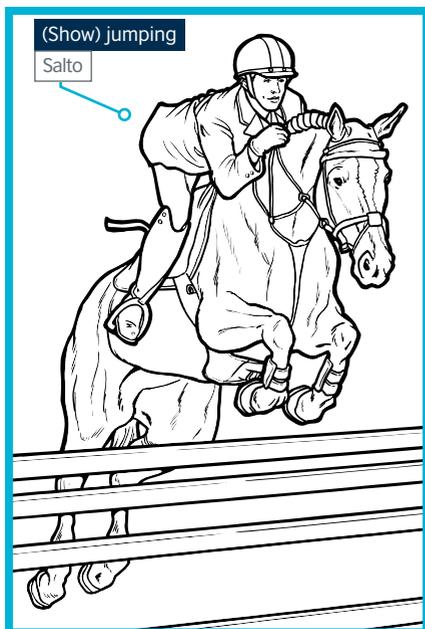
backward
forward dive
highdive
pike
platform
pool
somersault

Find the answers on p108
Encontre as respostas na página 108

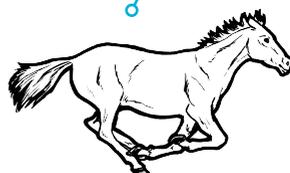
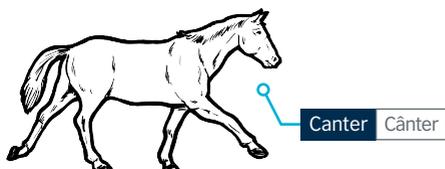
Equestrian/Hipismo

Equestrian sport can be traced back more than 2,000 years, when the Greeks introduced dressage training to prepare their horses for war.

O hipismo é um esporte com mais de 2.000 anos, quando os gregos introduziram o adestramento para preparar seus cavalos para a guerra.



Gallop | Galope



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. cross-country <i>cross-country</i>	B. dressage <i>adestramento</i>	C. eventing <i>prova</i>
D. fence <i>barras paralelas e muros</i>	E. jumping <i>salto</i>	F. penalty <i>falta</i>

1. A disadvantage (loss of points) imposed on a horse and rider when they make an error.
2. A part of eventing where horses/riders must jump over obstacles on a course in the countryside.
3. A discipline that combines dressage, cross-country and jumping.
4. A discipline where horses/riders jump over a series of obstacles as fast as they can.
5. A discipline where the rider guides the horse to make the natural movements that it does without thinking in the wild.
6. An obstacle that horses must jump over.

WORDSEARCH – CAÇA-PALAVRA

D	J	U	M	P	I	N	G	N	S
R	K	N	J	U	R	H	L	L	F
E	P	G	Z	D	I	O	L	S	W
S	E	Y	H	X	D	R	H	G	Y
S	N	R	D	N	E	S	R	F	M
A	A	S	K	Z	R	E	I	P	L
G	L	F	E	N	C	E	K	C	P
E	T	E	V	E	N	T	I	N	G
C	Y	O	B	S	T	A	C	L	E
G	Z	W	S	F	A	U	L	T	K

Find these words
in the grid

Encontre estas palavras
no quadro

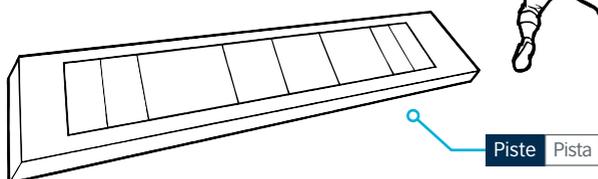
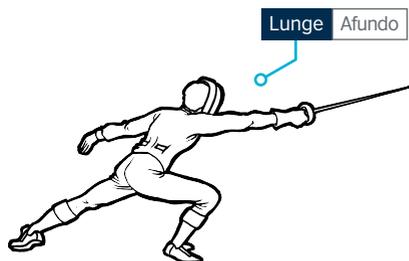
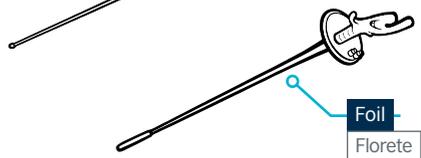
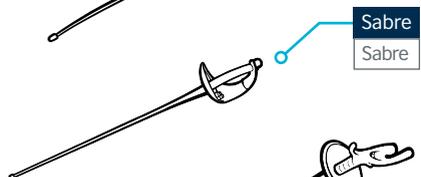
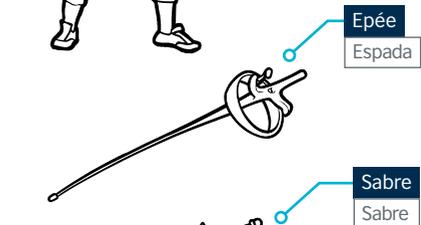
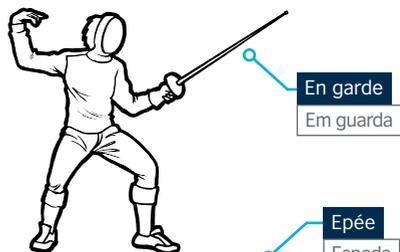
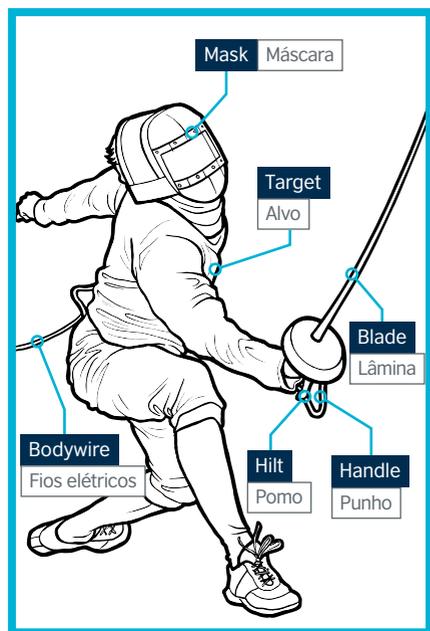
dressage
rider
horse
jumping
eventing
fence
penalty
obstacle
fault

Find the answers on p108
Encontre as respostas na página 108

Fencing/Esgrima

Sword fighting dates back thousands of years but modern fencing developed as a sport in the 19th century. Fencing is one of the few sports to have featured at every modern Olympic Games.

A luta de espadas data de milhares de anos mas a esgrima moderna se tornou esporte no século XIX. A esgrima é um dos poucos esportes que apareceu em todos os Jogos Olímpicos modernos.



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. bout <i>luta</i>	B. edge <i>fio</i>	C. hit <i>tocar</i>	D. shoulder <i>ombro</i>
E. weapon <i>arma</i>	F. target <i>alvo</i>	G. tip <i>ponta</i>	H. waist <i>cintura</i>

1. A sports competition in which two fencers fence against each other.
2. An object used in fencing.
3. One of the two parts of your body that join your arms to the rest of your body.
4. The area of your opponent's body that you are aiming to hit.
5. The part of your body at the bottom of your stomach and back.
6. The pointed end of your weapon.
7. The side of your weapon which cuts.
8. Touch your opponent with your weapon.

WORDSEARCH – CAÇA-PALAVRA

B	B	H	W	R	L	H	Y	O	M
Y	O	T	A	R	H	I	M	W	S
Y	D	A	J	N	O	L	Z	F	A
E	Y	R	Q	E	D	T	K	O	B
B	W	G	M	S	C	L	R	I	R
M	I	E	O	T	L	P	E	L	E
E	R	T	C	U	M	G	S	A	H
P	E	P	U	B	L	A	D	E	C
E	C	E	H	N	J	C	R	T	Y
E	M	D	G	S	V	E	E	K	T

Find these words in the grid

Encontre estas palavras no quadro

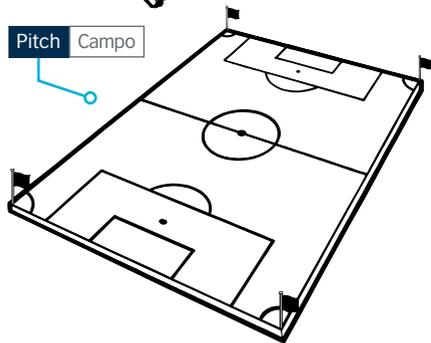
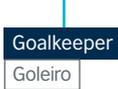
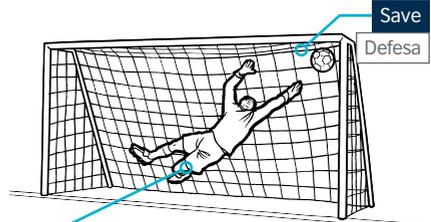
handle
hilt
blade
target
mark
bodywire
foil
épée
sabre

Find the answers on p108
Encontre as respostas na página 108

Football/Futebol

Football has its roots in ancient China. The modern version of the game began on the streets of medieval England. In the 19th century the rules were codified by some English public schools and eventually football became the most popular sport in the world.

O futebol tem sua origem na China. A versão moderna do jogo começou nas ruas da Inglaterra medieval. No século XIX, as regras foram codificadas por algumas escolas públicas inglesas e, então, o futebol se tornou o esporte mais popular do mundo.



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. foul <i>falta</i>	B. free kick <i>cobrança de falta</i>	C. goalkeeper <i>goleiro</i>	D. handball <i>mão na bola</i>	E. pitch <i>campo</i>
F. referee <i>árbitro</i>	G. save <i>defesa</i>	H. score <i>placar</i>	I. tackle <i>desarme</i>	J. throw-in <i>lançamento lateral</i>

- An attempt to take the ball from a player in the other team.
- Awarded to a team after a foul is committed by the opposition.
- Get a goal.
- Something against the rules.
- Stop the ball from going into the goal.
- The act of throwing the ball from the sideline after the ball has gone out of play.
- The area of grass where the game is played.
- The person who is in charge of the game and who makes sure that the rules are followed.
- The player who stands in the team's goal to try to stop the other team from scoring.
- When a player intentionally touches the ball with their hand or arm.

WORDSEARCH – CAÇA-PALAVRA

G	O	Z	J	H	E	A	D	E	R
O	F	D	K	E	C	A	M	T	O
A	X	X	G	T	W	S	X	D	F
L	D	R	E	F	E	R	E	E	F
K	F	P	S	T	B	Z	J	Q	S
E	C	F	S	P	I	T	C	H	I
E	N	G	O	A	L	Y	W	Y	D
P	Y	Q	G	U	S	I	B	K	E
E	C	K	K	C	L	A	A	A	M
R	D	X	J	F	D	R	A	W	N

Find these words in the grid

Encontre estas palavras no quadro

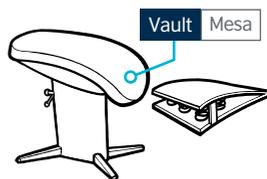
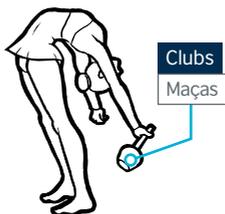
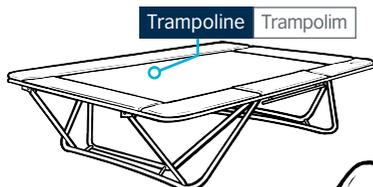
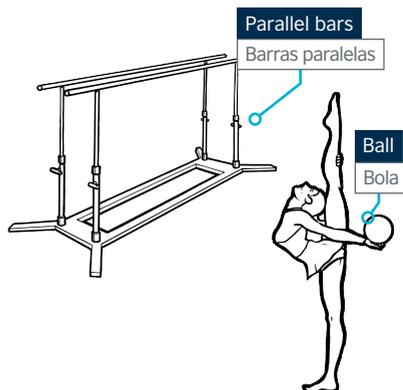
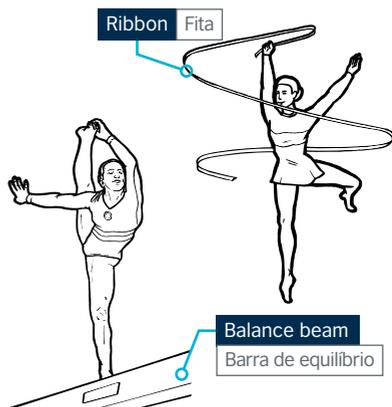
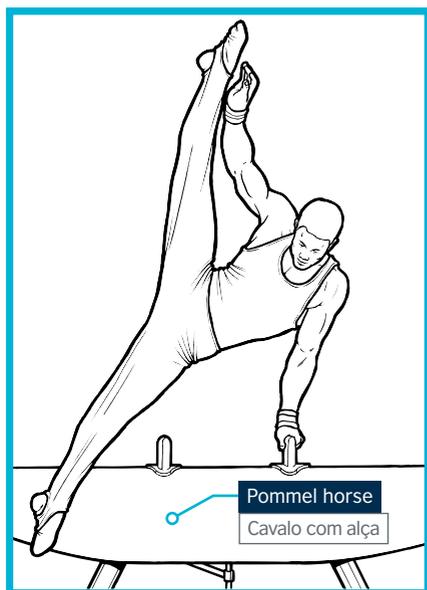
goalkeeper
header
referee
pitch
foul
goal
draw
offside

Find the answers on p108
Encontre as respostas na página 108

Gymnastics/Ginástica

The grace, strength and skill of Olympic gymnasts have been amazing audiences since the Games in Ancient Greece. There are three modern Gymnastics disciplines: Artistic, Rhythmic and Trampoline. Artistic is the best known, Rhythmic first appeared during the 19th century and Trampoline in the 1930s.

A graça, força e habilidade dos ginastas olímpicos têm tido uma excelente plateia desde os jogos da Grécia antiga. Há três modalidades de ginástica moderna: artística, rítmica e de trampolim. A artística é a mais conhecida, a rítmica apareceu pela primeira vez no século XIX e a de trampolim nos anos 30.



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. apparatus <i>equipamentos</i>	B. artistic gymnastics <i>ginástica artística</i>
C. rhythmic gymnastics <i>ginástica rítmica</i>	D. trampoline <i>trampolim</i>

1. A piece of sports equipment which you jump on. Also the name of the gymnastics discipline using this.
2. A gymnastics discipline for women, who perform acrobatic and dance moves on a floor area, accompanied by music, and with a hoop, ball, clubs or ribbon.
3. An Olympic sport, in which athletes compete against each other on different apparatus.
4. Equipment which is used as part of a gymnastics event.

WORDSEARCH – CAÇA-PALAVRA

Q	C	A	R	T	I	S	T	I	C
L	R	H	Y	T	H	M	I	C	B
L	R	I	B	B	O	N	R	S	P
A	V	B	K	A	A	F	J	I	A
H	C	A	P	R	R	G	T	G	R
C	O	Q	U	S	B	H	F	K	A
L	U	O	M	L	L	C	M	W	L
U	G	X	P	T	T	I	W	B	L
B	J	H	L	T	Q	E	Y	F	E
S	G	Y	M	N	A	S	T	U	L

Find these words in the grid

Encontre estas palavras no quadro

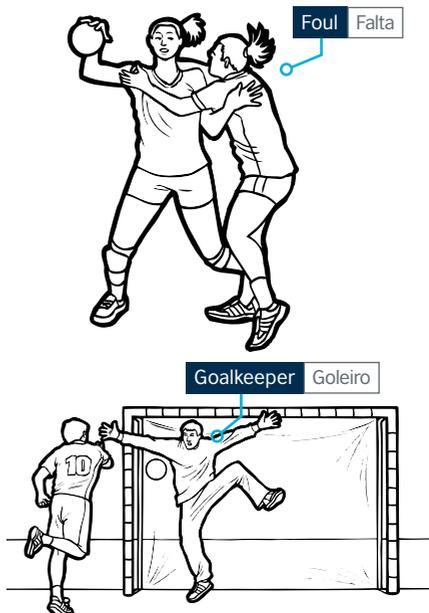
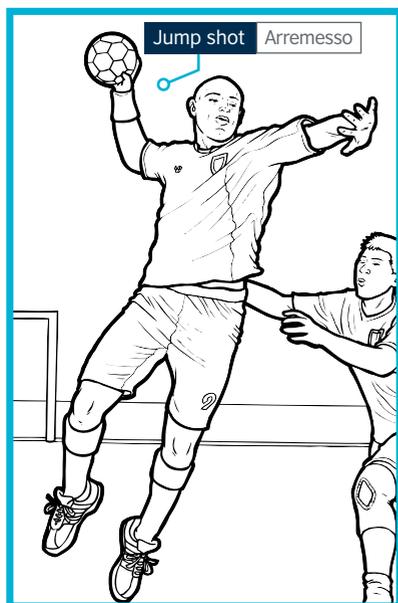
ribbon
vault
clubs
parallel
bars
gymnast
artistic
rhythmic
hoop

Find the answers on p108
Encontre as respostas na página 108

Handball/Handebol

Handball is a fast and thrilling team sport. Handball offers plenty of physical contact and non-stop, end-to-end action. It is common to see 50 goals in a single 60-minute match.

O handebol é um esporte de equipe, rápido e emocionante. No jogo há muito contato físico e atividade que não para. É comum ver cinquenta gols em uma única partida de 60 minutos.



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. jump shot arremesso	B. goal area área do gol	C. free throw line linha do tiro de sete metros	D. goalkeeper goleiro
E. four metre line linha de quatro metros	F. centre line linha central	G. goal gol	H. running shot arremesso correndo

- When an athlete shoots while jumping.
- The line in the centre of the court.
- If an athlete throws the ball in here, he/she scores.
- This player tries to stop the ball going into the goal.
- Shooting while running.
- A goalkeeper can't cross this line when defending a seven-metre throw.
- This line is nine metres away from the goal.
- Only the goalkeeper can stand in this area.

WORDSEARCH – CAÇA-PALAVRA

R	U	N	N	I	N	G	S	H	O	T
G	O	A	L	K	E	E	P	E	R	T
N	D	A	K	R	K	R	M	D	O	G
T	G	P	M	L	B	B	Y	H	N	M
M	O	C	M	L	K	R	S	H	R	T
F	A	R	Z	J	I	P	V	F	K	M
T	L	F	K	T	M	N	L	Q	K	K
Y	M	P	D	U	G	L	E	N	M	V
J	K	C	J	T	M	D	Y	Z	Y	R
J	L	T	G	O	A	L	A	R	E	A
T	C	E	N	T	R	E	L	I	N	E

Find these words in the grid

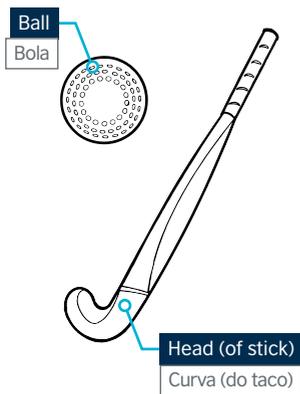
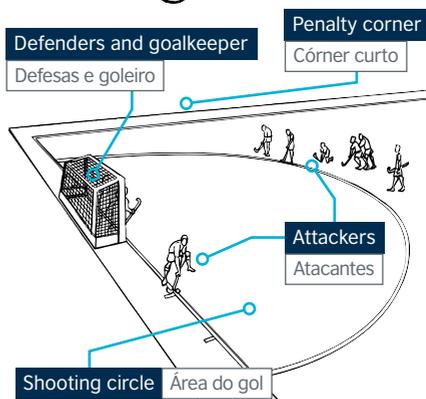
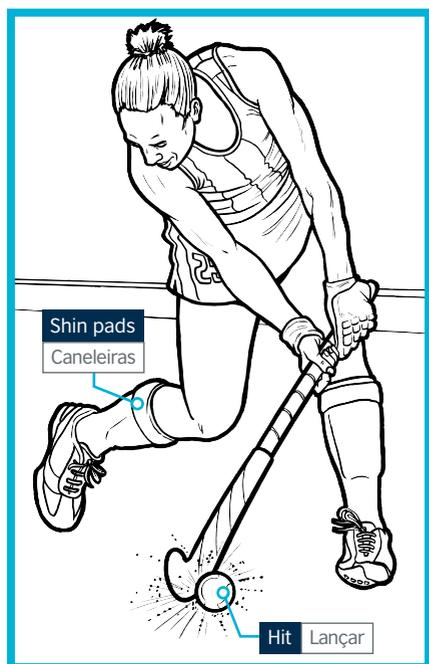
Encontre estas palavras no quadro

centre line
goal
goal area
goalkeeper
jump shot
running shot

Find the answers on p108
Encontre as respostas na página 108

Hockey/Hóquei

Hockey demands speed, stamina and a mastery of hand-eye co-ordination. Played by teams of 11 on an outdoor pitch, the sport is a long-time Olympic favourite. *O hóquei demanda velocidade, energia e destreza na coordenação dos olhos e das mãos. Jogado por equipes de 11 pessoas em um campo externo, o esporte é há muito tempo um dos favoritos nos Jogos Olímpicos.*



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. back-line <i>linha de fundo</i>	B. circle <i>área de chute</i>	C. goal <i>gol</i>
D. flick <i>flick</i>	E. penalty corner <i>córner curto</i>	F. yellow card <i>cartão amarelo</i>

1. You have to be in this area if you want to shoot.
2. A sign held up to denote an official suspension.
3. A line that denotes the end of the pitch.
4. When you take this, no attacker is allowed to be inside the circle.
5. Moving the ball by putting the end of your stick under the ball and lifting.
6. You win the game if you score more of these.

WORDSEARCH – CAÇA-PALAVRA

Z	L	Z	X	L	B	L	B	T	Y
O	N	E	L	D	G	O	A	L	E
F	R	E	E	H	I	T	C	N	L
N	B	M	M	W	M	E	K	J	L
W	Q	Q	R	W	L	F	L	T	O
F	T	P	D	C	M	B	I	O	W
G	L	W	R	P	R	H	N	X	C
J	V	I	Z	X	P	H	E	L	A
F	C	V	C	K	N	B	E	N	R
J	Z	P	K	K	Z	N	K	L	D

Find these words in the grid

Encontre estas palavras no quadro

back-line

circle

goal

flick

free hit

hit

yellow card

Find the answers on p108
Encontre as respostas na página 108

Judo/Judô

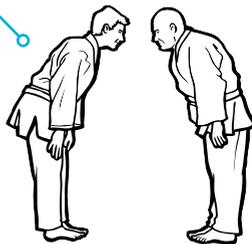
Developed from jujitsu and established as a sport in the late 19th century by Dr Jigoro Kano, Judo is a sport for which athletes need to employ a complex mix of attack and defence.

Desenvolvido a partir do jiu-jitsu e estabelecido como esporte no final do século XIX pelo doutor Jigoro Kano, o judô é um esporte no qual os atletas precisam combinar ataque e defesa.



Judoka (Judo competitor)

Judoca (competidor no judô)



Nage-waza (throwing)

Nage-waza (arremesso)



Judogi (Judo uniform)

Judôgi (uniforme de judô)



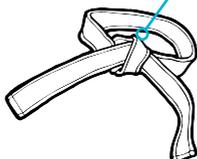
Kumikata (gripping)

Kumikata (pegada)



Obi (belt)

Obi (cinto)



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. judogi <i>judôgi</i>	B. obi <i>obi</i>	C. contest <i>combate</i>
D. judoka <i>judoca</i>	E. tatami <i>tatame</i>	F. nage-waza <i>nage-waza</i>

- The mat where a judo contest takes place.
- The clothes the competitors wear to compete in a judo competition.
- The belt that judo practitioners wear.
- This is the name for a person who is taking part in a judo competition.
- A match-up between two judo competitors.
- The name for throwing moves in judo.

WORDSEARCH – CAÇA-PALAVRA

R	H	C	L	M	I	D	P	L	K
D	D	K	O	M	J	H	R	T	N
M	L	K	A	N	Z	X	Q	N	C
V	T	T	U	M	T	B	K	I	J
H	A	G	F	M	L	E	G	X	U
T	K	Z	M	M	I	O	S	J	D
B	O	B	I	R	D	K	C	T	O
J	L	B	R	U	R	D	A	M	K
Q	H	N	J	L	J	C	L	T	A
L	N	A	G	E	W	A	Z	A	A

Find these words
in the grid

*Encontre estas palavras
no quadro*

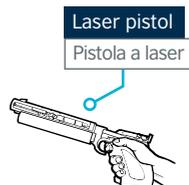
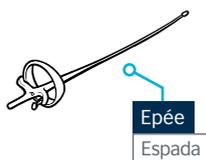
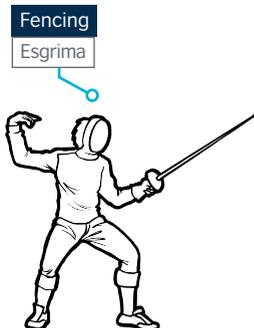
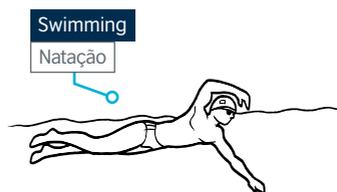
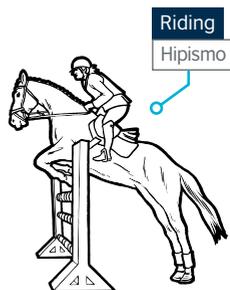
judogi
obi
contest
judoka
tatami
nage-waza
kumikata

Find the answers on p108
Encontre as respostas na página 108

Modern Pentathlon

Pentatlo moderno

Modern Pentathlon has its origins in a 19th-century legend; the story says that a young French cavalry officer needed to ride, fence, shoot, swim and run in order to complete a mission. These are the five elements of Modern Pentathlon. *O pentatlo moderno tem sua origem em uma lenda do século XIX: a história diz que um jovem oficial francês de cavalaria precisou cavalgar, lutar com espada, atirar, nadar e correr para poder completar uma missão. Esses são os cinco elementos do pentatlo moderno.*



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. running <i>corrida</i>	B. épée <i>espada</i>	C. swimming <i>natação</i>	D. pool <i>piscina</i>
E. laser pistol <i>pistola a laser</i>	F. riding <i>hipismo</i>	G. round-robin <i>todos contra todos</i>	H. obstacle <i>obstáculo</i>

- The firearm that athletes use in the modern pentathlon.
- A three kilometre cross-country run, which is combined with shooting in modern pentathlon events.
- A heavy sword used in fencing.
- A competition which involves jumping over large obstacles with a horse.
- A 220 metres freestyle event in the pool.
- An object a horse must clear to complete the course, such as a fence, gate or water jump.
- A competition format that makes sure all the players compete against each other.
- Where the swimming element takes place.

WORDSEARCH – CAÇA-PALAVRA

L	O	B	S	T	A	C	L	E	G	P
A	L	T	S	M	C	T	N	N	T	G
S	T	V	P	W	X	W	I	G	N	H
E	T	D	C	L	I	N	B	I	W	P
R	P	Z	F	H	N	M	D	K	V	T
P	O	N	P	U	T	I	M	M	F	N
I	O	P	R	L	R	Y	M	I	P	X
S	L	V	K	L	R	Q	K	W	N	F
T	J	V	T	Y	E	P	E	E	V	G
O	R	O	U	N	D	R	O	B	I	N
L	W	C	L	M	K	Q	J	L	H	K

Find these words in the grid

Encontre estas palavras no quadro

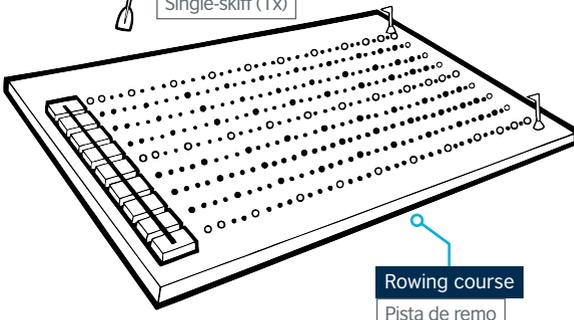
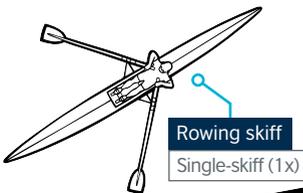
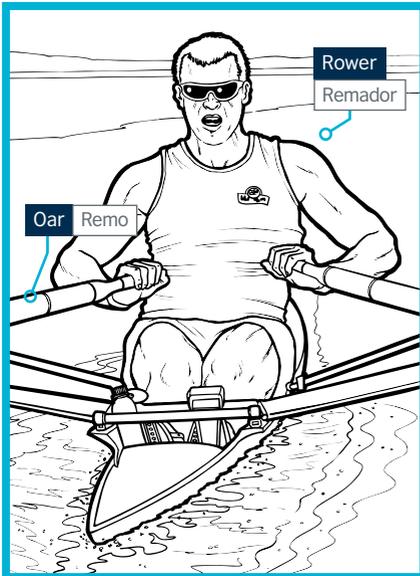
running
épée
swimming
pool
laser pistol
riding
round-robin
obstacle

Find the answers on p108
Encontre as respostas na página 108

Rowing/Remo

Rowing is very old but it only developed as a competitive sport in the last 200 years. Interest began to increase when Oxford and Cambridge Universities began racing each other in 1829. This competition still continues today as the famous annual Boat Race.

O remo é muito antigo, mas só foi reconhecido como esporte competitivo nos últimos duzentos anos. O interesse por ele começou a crescer quando as universidades de Cambridge e Oxford começaram a competir entre si, em 1829. Essa competição continua até hoje como a famosa Boat Race anual.



ACTIVITY – ATIVIDADE

Match the words in the table to their definitions below.

Relacione as palavras na tabela às suas definições abaixo.

A. bow <i>proa</i>	B. cox <i>timoneiro</i>	C. double or pair <i>dois sem</i>	D. lightweight <i>peso leve</i>
E. oar <i>remo</i>	F. rower <i>remador</i>	G. sculling <i>remo duplo</i>	H. sweeping <i>remo simples</i>

- A boat for two people.
- A lever used by a rower to move the boat.
- A type of race where rowers must weigh less than a fixed number of kilos.
- The part of the boat that crosses the finish line first.
- Person who controls an 'eight'.
- Rowing with an oar in each hand.
- Rowing with both hands on one oar.
- Someone with an oar.

WORDSEARCH – CAÇA-PALAVRA

M	V	D	G	C	K	T	N	B	L	L
K	N	W	O	P	N	L	D	G	V	I
S	M	X	F	U	L	N	V	V	S	G
J	C	R	T	H	B	W	F	R	W	H
L	J	U	X	N	O	L	N	W	E	T
Z	C	M	L	B	J	B	E	Y	E	W
K	F	L	L	L	Q	T	T	V	P	E
R	O	W	E	R	I	C	O	X	I	I
M	B	R	M	B	D	N	J	M	N	G
M	A	T	W	H	H	Y	G	Q	G	H
O	L	V	N	C	J	Q	K	T	M	T

Find these words in the grid

Encontre estas palavras no quadro

bow
cox
double
lightweight
oar
rower
sculling
sweeping

Find the answers on p109
Encontre as respostas na página 109

Sports answers

Archery (page 34)

Answers 1. E; 2. D; 3. C; 4. F; 5. A; 6. B; 7. G

Athletics (field) (page 36)

Answers 1. A; 2. H; 3. I; 4. J; 5. D; 6. B; 7. F; 8. C; 9. G; 10. E

Athletics (track) (page 38)

Answers 1. C; 2. I; 3. F; 4. D; 5. A; 6. G; 7. H; 8. E; 9. J; 10. B

Badminton (page 40)

Answers 1. I; 2. E; 3. H; 4. G; 5. B; 6. D; 7. C; 8. A; 9. F

Basketball (page 42)

Answers 1. E; 2. B; 3. G; 4. D; 5. C; 6. F; 7. A

Boxing (page 44)

Answers 1. E; 2. B; 3. C; 4. D; 5. H; 6. G; 7. F; 8. A

Canoe/Kayak (page 46)

Answers 1. A; 2. E; 3. F; 4. D; 5. G; 6. C; 7. J; 8. I; 9. H; 10. B

Cycling (page 48)

Answers 1. D; 2. C; 3. A; 4. E; 5. G; 6. F; 7. B; 8. H

Diving (page 50)

Answers 1. D; 2. A; 3. B; 4. G; 5. C; 6. H; 7. F; 8. E

Equestrian (page 52)

Answers 1. F; 2. A; 3. C; 4. E; 5. B; 6. D

Fencing (page 54)

Answers 1. A; 2. E; 3. D; 4. F; 5. H; 6. G; 7. B; 8. C

Football (page 56)

Answers 1. I; 2. B; 3. H; 4. A; 5. G; 6. J; 7. E; 8. F; 9. C; 10. D

Gymnastics (page 58)

Answers 1. D; 2. C; 3. B; 4. A

Handball (page 60)

Answers 1. A; 2. F; 3. G; 4. D; 5. H; 6. E; 7. C; 8. B

Hockey (page 62)

Answers 1. B; 2. F; 3. A; 4. E; 5. D; 6. C

Judo (page 64)

Answers 1. E; 2. A; 3. B; 4. D; 5. C; 6. F

Modern Pentathlon (page 66)

Answers 1. E; 2. A; 3. B; 4. F; 5. C; 6. H; 7. G; 8. D

Rowing (page 68)

Answers 1. C; 2. E; 3. D; 4. A; 5. B; 6. G; 7. H; 8. F
